

Level One-Beginners

Ages: 2-6 yr olds

A session is 3 times a week for 2 weeks. Monday, Wednesday, Friday.

Time: 6:00-6:40.

1st session dates: June 7,9,11, 14, 16, 18

2nd session dates: June 21, 23,25,28,30 and July 2

3rd session dates: July 5, 7, 9, 12, 14, 16

Cost: \$25 for one child, \$10 additional for another child in same family.

Example: 2 children from the Jones family would cost \$35.

Description: Taught by a certified instructor from The Paulding County Parks and Recreation Dept., and is designed to help participant to adjust to the water. This class will help the participant to get in and out of the water safely, be able to put face fully submerged in the water while blowing bubbles. This helps with keeping water from entering the nose. Learning to float face up and face down in water (ultimately without support), will be introduced along with how to kick, kick and float and then the adding in the arm motion (free style). The last is the ultimate goal. Floatation devices are not encouraged but will be discussed if needed. Pool safety rules of the Creekside Community will be taught and encouraged as part of the class. This is a fun class as goggles, silly songs, noodles and boards are used.

Parents are needed to be in the water with their child(ren). If there is more than one child from a family, please have some help. Parents are asked to encourage their children and be positive. It is also encouraged to practice if possible.

To Register please contact Wendy Anglin at wanglin70@comcast.net or phone 678.838.1844 with child's name, age, session # and parent contact # and email. Classes are limited to 6 kids per class so call today.

I am also in discussions with Tena Pulley to provide water aerobics classes again and will correlate the schedule with the above swim lessons and send you a proposal as well.